



DBP WEEKLY NEWS

A weekly newsletter for families of Developmental & Behavioral Pediatrics (DBP) at Boston Medical Center during COVID-19 Social Distancing

WHAT'S HAPPENING?

Boston Public Schools have released their updated Safe Responsible Phase In plan. BPS will continue to offer free meals for youth 18 and under, Tuesdays and Wednesdays from 10AM to 6PM. "We continue to prioritize in-person learning for our students with the highest needs, while respecting family choice."

2020 Safe Responsible Phase In

Updated October 7, 2020

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|---------------|---|--|
| GETTING READY | September 8 - 18 | Teachers Prepare + Family Engagement Student Tech CheckUp / Log On Test |
| Phase 01 | September 21 | Remote Learning - all students |
| Phase 02 | October 1 <small>No sooner than</small> October 13 | Students with highest needs start 2 days Students with highest needs may start 4 days |
| Phase 03 | October 22 & 26 B/A <small>No sooner than</small> | Grades K0-3 |
| Phase 04 | November 5 & 9 B/A November 16 & 19 A/B <small>No sooner than</small> | Grades 4 - 8 (Secondary schools begin 6-8) Grades 9 - 12 High Schools |

REMINDER

The Autism Division at Department of Developmental Services (DDS) are accepting application for the Autism Waiver Program. It provides "Expanded Habilitation" and Education (intensive in-home services and supports) as well as related support services such as community integration activities and respite. For more details please click [here](#) or view our last newsletter

- All Applications must be emailed to AutismDivision@state.ma.us between **October 16, 2020 - October 31, 2020**.
- All Application must be sent directly from the Parent/Guardian Only.
- Form can be completed electronically or printed, filled out clearly in pen and scanned into an email or Form may be sent in the following formats: PDF (preferred), JPG if clearly visible.
- If completing on a smart phone/tablet- download a free scanner app and send via a PDF file.

School Meal Sites

Free meals for youth 18 and under
Pick up a week's worth of breakfasts and lunches
Starting September 22
NO ID REQUIRED Tuesdays and Wednesdays, 10am to 6pm

At the following locations:

Boston Arts Academy
11 Charles St. Dorchester, 02122

Boston Latin Academy
205 Townsend St. Dorchester, 02121

Boston Latin School
78 Ave Louis Pasteur, Fenway, 02115

Burke High School
60 Washington St. Dorchester, 02121

Condon K-8
200 D St. South Boston, 02127

East Boston High School
86 White St. East Boston, 02128

Edwards Middle School
28 Walker St. Charlestown, 02129

Excel High School
95 G St. South Boston, 02127

Frederick Pilot Middle
270 Columbia Rd. Dorchester, 02121

Gardner Pilot Academy
30 Athol St. Allston, 02134

Harvard Kent
50 Bunker Hill St. Charlestown, 02129

Irving Middle School
105 Cummins Hwy. Roslindale, 02131

Jackson Mann
500 Cambridge St. Allston, 02134

Lee K-8 School/Perkins
155 Talbot Ave. Dorchester, 02124

Madison Park High
75 Malcom X Blvd. Roxbury, 02120

Mario Umana Academy
312 Border St. East Boston, 02128

Mattahunt Elementary
100 Hebron St. Mattapan, 02126

McCormack Middle School
315 Mt. Vernon St. Dorchester, 02125

Mildred Avenue K-8
5 Mildred Ave. Mattapan, 02126

Murphy K-8
1 Worrell St. Dorchester, 02122

Ohrenberger School
175 West Boundary Rd. West Roxbury 02132

Orchard Gardens K-8
906 Albany St. Roxbury, 02119

TechBoston Academy 6-12
9 Peacevale Rd. Dorchester, 02124

Tynan Elementary
650 E. Fourth St. South Boston, 02127

UP Academy Dorchester
35 Westville St. Dorchester, 02124

Wednesdays
Quincy Elementary
885 Washington St. Chinatown, 02111

Questions?
E-mail food@boston.gov or call 617.635.3717
Twitter: @BOSfoodaccess

For more information:
boston.gov/food

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HALLOWEEN AT HOME

CALLING ALL BOOS AND GHOULS

Halloween may look a little different this year, but that doesn't mean you and your family cannot partake in some fun and spooky activities! If you're planning on staying in or gathering with a couple of friends we have some spooktacular tricks and treats to make while you celebrate a safe and magical Halloween!



WITCHES POTION



You and your child will have fun making some witches potions that bubble and brew! To make this potion, find your own version of a cauldron (a clear one works best so you can see the bubbles!) Add 1/2 cup of water, food coloring of your choice, 1 tablespoon of baking soda, and a 1/4 cup of white vinegar. To keep the bubbles going, you can keep on adding baking soda and vinegar to your potion. You can also add in glitter, eyeballs, spiders or any other whimsical and magical things you might have on hand!



MONSTER TREATS



These sweet and scary treats are guaranteed to delight your child. They are also very easy to make at home and fun to decorate! What you will need are 6 cups of Rice Krispie Cereal, 1 package of marshmallows, 3 tablespoons of butter, vanilla frosting, food coloring, and edible eyeballs.

In a large saucepan melt butter over low heat. Add marshmallows and stir until melted. Remove from heat and add in 6 cups of Rice Krispies, stir well. Spread the mixture on a greased baking sheet and wait for it to cool. While the treats are cooling stir vanilla frosting with food coloring of your choice. Once cooled, cut into squares and top with colored frosting and eyeballs.

MONSTER MASH SENSORY BIN



This sensory bin will engage your child's senses and provide some ghoulish fun! To make this swampy foam mix 1/4 cup of water, 2 tbsp of cornstarch, 2 tbsp dish soap, and a squirt of food coloring. Mix together with a blender or hand mixer for 30 seconds or until whipped into a foam. Add in some glitter and any creepy items you may find. **A lot of these creepy things pictured can be found at your local dollar store, Walmart or Target.*



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RESOURCES

Boston Medical Center is here to support you during this difficult time.

Check out our new resource spreadsheet, which has links to online learning, social stories, music/animal/fitness programs, live online classes and more. See the second tab for free meals and financial services throughout Massachusetts. This spreadsheet is available in multiple languages and will be continuously updated as new resources become available.

tinyurl.com/CoronaResourcesBMC

Know of something to add? Email autismprogram@bmc.org with suggestions.



For past recordings of our webinar series: Caring for Kids with Autism and Developmental Differences, please visit <https://www.youtube.com/channel/UCifYfJKUuSa8XzytUcn-Anw>

CLINIC

*Developmental & Behavioral Pediatrics clinicians are available by phone/Zoom for telehealth visits and consultations. Please call us at **617-414-4841** if you have any questions or are in need of support. To create a free Zoom account, visit zoom.us/signup.*

OUR CLINICIANS

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ABOUT THIS NEWSLETTER



This newsletter is brought to you by the Autism Program at Boston Medical Center, a family support program of Developmental & Behavioral Pediatrics. We are committed to supporting any family of DBP during this time, regardless of diagnosis. Please don't hesitate to reach out, and follow us on social media for more tips and information!



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@The Autism Program at
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